

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa****Drake Stadium****Meet Program****Event 4 Boys 100 Meter Dash 2A****Thursday 5/21/2009 - 4:35 PM****Heats against time - 2nd white start from N end****Prelim: Top 8 advance to finals****Final: against time**

State Record: 10.84 1980 Jeff Nielsen, Britt
All-Time: 10.10 2002 Adam Haluska, Carroll

Lane	Name	Year	School	Seed Time
Heat 1 of 3 Prelims				
1	Henry, Brandon	12	Panorama, Panora	
2	Behrens, Brian	10	Iowa Valley, Marengo	
3	Miller, Brian	11	PCM, Monroe	
4	Overmyer, Kile	10	Albia	
5	Wolterstorff, Trevor	12	Western Christian, Hull	
6	Steinhoff, Zach	11	Manson Northwest Webster	
7	Loveless, Derrick	10	Solon	
8	Jennerjohn, Matt	12	Starmont	
Heat 2 of 3 Prelims				
1	Schmidt, Austin	12	Gladbrook-Reinbeck	
2	Hocker, Cole	10	Bondurant-Farrar	
3	Nanninga, Matt	12	Tri-Center, Neola	
4	Vogel, Brad	11	Central Lee, Donnellson	
5	Schuett, Kyle	12	Cherokee, Washington	
6	Anderson, Ethan	12	Clarion-Goldfield	
7	Peters, Luke	12	Central Springs	
8	Pelton, Ethan	10	Jesup	
Heat 3 of 3 Prelims				
1	Troutman, Ty	09	Beckman, Dyersville	
2	Knowlton, Austin	11	Underwood	
3	Harrison, Cody	12	Pocahontas Area	
4	Pilcher, Micheal	12	Eddyville-Blakesburg	
5	Floen, Aaron	12	Unity Christian, Orange City	
6	Vann, Akeem	11	Clarinda Academy	
7	Crow, Brian	09	Belle Plaine	
8	DeVoe, Ryan	11	Hudson	

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa

Drake Stadium

Meet Program

Event 12 Boys 200 Meter Dash 2A

Thursday 5/21/2009 - 6:40 PM

Heats against time - 1 turn stagger- white start line NE corner

Prelim: Top 8 advance to finals

Final: against time

State Record: 21.78 1980 Jeff Nielsen, Britt
 All-Time: 20.80 1994 Tim Dwight, Iowa City High

Lane	Name	Year	School	Seed	Time
Heat 1 of 3 Prelims					
1	Peters, Luke	12	Central Springs		
2	Ferch, Dalton	09	West Marshall, State Center		
3	Allen, Micheal	12	Columbus Community, Columbus J		
4	Sandvig, Brian	12	St. Edmond, Fort Dodge		
5	Tiefenthaler, Trevor	12	Sioux Central, Sioux Rapids		
6	Vander Beek, Drew	12	PCM, Monroe		
7	Kasubick, Josh	11	Red Oak		
8	Shedivy, Pierce	11	MFL MarMac		
Heat 2 of 3 Prelims					
1	Blake, Casey	11	Bellevue		
2	Hummel, Bryant	12	Clarinda		
3	Johnson, Adam	12	Dike-New Hartford		
4	Wolterstorff, Trevor	12	Western Christian, Hull		
5	Meyers, Justin	12	West Liberty		
6	Thompson, Bryttan	09	Roland-Story, Story City		
7	Emert, Julian	11	Camanche		
8	Gansemer, Ben	12	Beckman, Dyersville		
Heat 3 of 3 Prelims					
1	Pelton, Ethan	10	Jesup		
2	Hagen, Taylor	11	Central Springs		
3	Miller, Brian	11	PCM, Monroe		
4	Batterson, Jacob	11	Eddyville-Blakesburg		
5	Floen, Aaron	12	Unity Christian, Orange City		
6	Kesten, Thomas	10	St. Edmond, Fort Dodge		
7	Parysz, Pat	10	Solon		
8	Nanninga, Matt	12	Tri-Center, Neola		

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 20 Boys 400 Meter Dash 2A

Thursday 5/21/2009 - 7:20 PM

Heats against time - 2 turn stagger

white start line (SW)

State Record: 47.43 2000

Ryan Kedley, North Cedar

All-Time: 47.01 2002

Calvin Davis, Iowa City High

Lane	Name	Year	School	Seed	Time
------	------	------	--------	------	------

Section 1 of 3 Timed Finals

1	Dorpinghaus, Logan	12	Albia		
2	Johnson, Mark	12	Gilbert		
3	Martz, Dustin	12	IKM-Manning		
4	Vos, Zach	11	Pella Christian		
5	Helle, Drew	12	Maquoketa Valley, Delhi		
6	Miller, Tanner	11	Mid-Prairie, Wellman		
7	Milham, Brandon	12	Prairie Valley, Gowrie		
8	VanDyke, Caleb	10	Interstate 35, Truro		

Section 2 of 3 Timed Finals

1	Shipley, Jake	12	West Marshall, State Center		
2	Tix, Trevor	11	Denver		
3	Sweeney, Dillon	12	Hartley-Melvin-Sanborn		
4	Wagaman, Marcus	12	Wilton		
5	Etgeton, Alex	12	Sumner-Fredericksburg		
6	Nortman, Ty	11	West Liberty		
7	Bartman, Theo	11	Western Christian, Hull		
8	Kasubick, Josh	11	Red Oak		

Section 3 of 3 Timed Finals

1	King, Scott	12	Tipton		
2	Flattery, Patrick	12	St. Edmond, Fort Dodge		
3	Hagen, Taylor	11	Central Springs		
4	Sandvig, Brian	12	St. Edmond, Fort Dodge		
5	Tiefenthaler, Trevor	12	Sioux Central, Sioux Rapids		
6	Dielschneider, Tanner	12	BCLUW, Conrad		
7	Goerd, Josh	11	Beckman, Dyersville		
8	Parysz, Pat	10	Solon		

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 28 Boys 800 Meter Run 2A

Saturday 5/23/2009 - 10:40 AM

Heats against time - double waterfall start (SW)

1-8 on back waterfall

9-12 outside waterfall, lane 5-8, 1 turn stagger

State Record: 1:51.17 5/17/2008 Aaron Stockstell, Mid-Prairie

All-Time: 1:49.3h 1975 David Korir, Cedar Rapids Washington

Lane	Name	Year	School	Seed Time
------	------	------	--------	-----------

Section 1 of 2 Timed Finals

1	Hollan, Quinn	11	Mid-Prairie, Wellman	
2	Madsen, Josh	12	St. Edmond, Fort Dodge	
3	Reinhold, Dom	12	CMB, Baxter	
4	Goodman, Sam	12	BCLUW, Conrad	
5	Kadolph, Jared	11	South Hardin	
6	Bonthius, Daniel	10	Regina, Iowa City	
7	Krehbiel, Andrew	12	Central Lee, Donnellson	
8	McKinney, Sam	12	Interstate 35, Truro	
9	Blake, Rick	11	IKM-Manning	
10	Martz, Corbin	10	IKM-Manning	
11	Lau, Ben	10	Garner-Hayfield	
12	Kesten, Thomas	10	St. Edmond, Fort Dodge	

Section 2 of 2 Timed Finals

1	Evenson, Jacob	11	Sioux Center	
2	Johnson, Milan	11	Okoboji, Milford	
3	Williams, Noah	10	Monticello	
4	Krogmann, Ryan	12	Northeast, Goose Lake	
5	Maxwell, Brad	11	Camanche	
6	Grandon, Cory	12	Dike-New Hartford	
7	Goerd, Josh	11	Beckman, Dyersville	
8	Cordes, Jared	12	Starmont	
9	Harmeyer, Matt	11	North Polk, Alleman	
10	Shipley, Jake	12	West Marshall, State Center	
11	Mixdorf, Ryan	11	Center Point-Urbana	
12	Peterson, Tyler	12	Okoboji, Milford	

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 36 Boys 1600 Meter Run 2A

Saturday 5/23/2009 - 1:53 PM

Double Waterfall Start (SW)

Follow waterfall seeding protocol

1 turn stagger

State Record: 4:16.99 1989

Lance Elliott, Montezuma

All-Time: 4:05.6h 1976

Ed DeLashmutt, Fort Madison

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Evenson, Jacob	11	Sioux Center	
2	Lau, Ben	10	Garner-Hayfield	
3	Heineman, Andrew	12	Ogden	
4	Warehime, Shane	12	Prairie Valley, Gowrie	
5	Flattery, Neil	09	St. Edmond, Fort Dodge	
6	Musgrove, Chris	12	PCM, Monroe	
7	Ohrt, Wes	12	East Marshall, LeGrand	
8	Johnson, Milan	11	Okoboji, Milford	
9	Thien, Eric	12	Tipton	
10	Bierma, Tim	11	Western Christian, Hull	
11	Krogmann, Ryan	12	Northeast, Goose Lake	
12	Ehlke, Garrett	11	Saint Ansgar	
13	Chaney, Sam	11	Columbus Community, Columbus J	
14	Losen, Brett	11	South Winneshiek, Calmar	
15	McDonald, Dane	11	BCLUW, Conrad	
16	Moore, Brandt	12	Bellevue	
17	Bruxvoort, Steve	12	PCM, Monroe	
18	Hein, Jason	12	MFL MarMac	
19	Krapfl, Derek	11	Maquoketa Valley, Delhi	
20	McKinney, Sam	12	Interstate 35, Truro	
21	Morrison, Corey	10	Clarinda Academy	
22	Baker, Zach	11	Eddyville-Blakesburg	
23	Synan, Nick	12	Regina, Iowa City	
24	Waterhouse, Emery	12	Missouri Valley	

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

**Des Moines, Iowa
Drake Stadium
Meet Program**

Event 44 Boys 3200 Meter Run 2A

Thursday 5/21/2009 - 3:50 PM

Double Waterfall Start (SW)

Back waterfall, 1-16 inside to outside - 2 runners per lane

17-24 on outside waterfall, lane 5-8

1 turn stagger

State Record: 9:20.42 1989

Mark Hammons, Iowa Valley

All-Time: 8:52.00 1975

Jim Eicken, Davenport Central

Lane	Name	Year	School	Seed Time
------	------	------	--------	-----------

Section 1 of 1 Timed Finals

1	Castek, Brett	12	Osage	
2	Warehime, Shane	12	Prairie Valley, Gowrie	
3	Losen, Brett	11	South Winneshiek, Calmar	
4	Postma, Chris	11	Unity Christian, Orange City	
5	Thien, Eric	12	Tipton	
6	Patterson, Tyler	12	Hudson	
7	Ehlke, Garrett	11	Saint Ansgar	
8	Schneider, Jud	11	Monticello	
9	Comentino, Parker	12	Central Springs	
10	Hill, Mitch	09	Eagle Grove	
11	Musgrove, Chris	12	PCM, Monroe	
12	Drenkow, Tyler	12	Sheldon	
13	Morrison, Corey	10	Clarinda Academy	
14	Bruxvoort, Steve	12	PCM, Monroe	
15	Moore, Brandt	12	Bellevue	
16	Chaney, Sam	11	Columbus Community, Columbus J	
17	Baker, Zach	11	Eddyville-Blakesburg	
18	Groff, Kace	11	Sheldon	
19	Ameling, Jon	11	South Winneshiek, Calmar	
20	Heim, Jake	12	Cascade, Western Dubuque	
21	McKinney, Sam	12	Interstate 35, Truro	
22	Flack, Chase	10	Jefferson-Scranton	
23	Synan, Nick	12	Regina, Iowa City	
24	Sands, Jameson	11	Shenandoah	

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 53 Boys 110 Meter Hurdles 2A

Friday 5/22/2009 - 5:00 PM

Heats against time

Prelims: Top 8 advance to finals

39 "hurdles set on blue dashes , 6# pull

State Record: 14.1h 1985

Matt Zuber, Iowa Valley

All-Time: 13.60 1977

Randy Elliott, Charles City

Lane	Name	Year	School	Seed	Time
------	------	------	--------	------	------

Heat 1 of 3 Prelims

1	Alvis, Dominic	12	Logan-Magnolia		
2	Findlay, Jon	12	CMB, Baxter		
3	Wurtz, Ryan	12	Okoboji, Milford		
4	Batterson, Jacob	11	Eddyville-Blakesburg		
5	Kramer, Lance	12	Central Lee, Donnellson		
6	Nesvik, Tom	11	North Fayette, West Union		
7	Jewell, Aaron	12	Camanche		
8	Erbes, Luke	10	BCLUW, Conrad		

Heat 2 of 3 Prelims

1	Nanninga, Matt	12	Tri-Center, Neola		
2	Sampson, Bryce	12	Roland-Story, Story City		
3	Derr, Tim	12	Beckman, Dyersville		
4	Puls, Channing	12	Hudson		
5	Dettmann, Trevor	12	Emmetsburg		
6	Cummings, Josh	12	Bellevue		
7	Morris, Jacob	11	Emmetsburg		
8	Petersen, Jake	11	Interstate 35, Truro		

Heat 3 of 3 Prelims

1	Gilson, Joey	11	PCM, Monroe		
2	DeMeulenaere, Tate	09	Belle Plaine		
3	Kunze, Cory	12	Bondurant-Farrar		
4	Miller, Tanner	11	Mid-Prairie, Wellman		
5	Swenson, Kevin	12	Western Christian, Hull		
6	Oostra, Nick	11	Sheldon		
7	Handford-Brown, Malcolm	12	Center Point-Urbana		
8	Hoerman, Jason	12	Nashua-Plainfield		

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 62 Boys 400 Meter Hurdles 2A

Friday 5/22/2009 - 3:20 PM

Heats against time

2 turn stagger, white start, 30" on green dashes (pull 6#)

white start line (SW)

State Record: 51.62 1995 Brent MacLagen, Jefferson-Scranton

All-Time: 50.96 1996 Dustin Avey, Ames

Lane	Name	Year	School	Seed	Time
Section 1 of 3 Timed Finals					
1	McKinney, Nathan	11	Interstate 35, Truro		
2	Steinhoff, Zach	11	Manson Northwest Webster		
3	Stoakes, Evan	11	Gladbrook-Reinbeck		
4	Henry, Andy	11	Panorama, Panora		
5	Hannam, Reid	12	Saint Ansgar		
6	Krehbiel, Andrew	12	Central Lee, Donnellson		
7	Ahrens, Scott	12	Clarion-Goldfield		
8	Kent, Shaun	11	Interstate 35, Truro		
Section 2 of 3 Timed Finals					
1	Anderson, Ethan	12	Clarion-Goldfield		
2	Kroeze, Tyler	10	Unity Christian, Orange City		
3	Michael, Logan	12	North Fayette, West Union		
4	Thole, Daniel	12	Beckman, Dyersville		
5	Findlater, Jared	12	Iowa Valley, Marengo		
6	VanZwol, Dillan	11	West Marshall, State Center		
7	Eberly, Ryan	12	IKM-Manning		
8	Wittmaack, Nick	09	Sioux Central, Sioux Rapids		
Section 3 of 3 Timed Finals					
1	Gillmore, Dakota	11	Monticello		
2	Swenson, Kevin	12	Western Christian, Hull		
3	Miller, Tanner	11	Mid-Prairie, Wellman		
4	Finn, Matt	11	Hudson		
5	Marks, Jordan	12	Panorama, Panora		
6	Mensen, Austin	12	Beckman, Dyersville		
7	Lira, Tomas	12	West Liberty		
8	Vance, Sammy	11	Solon		

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 73 Boys 4x100 Meter Relay 2A

Friday 5/22/2009 - 6:20 PM

Heats against time - 2 turn stagger - white start (SW)

Prelim: Top 8 advance to finals

zones - all yellow

State Record: 42.82 5/19/2005 Beckman Dyersville, Beckman Dyersvil
R Brown, S Scherrman, K Troutman, M Rahe
All-Time: 41.33 1996 Iowa City High, Iowa City High

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Tri-Center, Neola		
	1) Buckley, Garrett 12	2) Parsons, Derek 12	3) Huebert, Luke 10
	5) Hansen, Dane 12	6) Kinney, Robert 10	4) Nanninga, Matt 12
2	Bondurant-Farrar		
	1) Hocker, Cole 10	2) Kunze, Cory 12	3) George, Nick 11
	5) Erickson, Nathan 10	6) Gracey, Tyler 12	4) Fuller, Ryan 12
3	Belle Plaine		
	1) DeMeulenaere, Tate 09	2) Crow, Brian 09	3) Kelly, Myles
	5) Morrow, Brayden	6) DeMeuleneare, Keegan 09	4) Steward, Seivon 11
4	Eddyville-Blakesburg		
	1) Strausser, Preston 12	2) Pilcher, Micheal 12	3) Lunsford, Blake 12
	5) Versteegh, Brent 11	6) DeZwarte, Cody 11	4) Batterson, Jacob 11
5	Hudson		
	1) Finn, Matt 11	2) Wright, Tanner 10	3) DeVoe, Ryan 11
	5) Johnson, Kyle 10	6) Wrage, Mitch 12	4) Puls, Channing 12
6	East Sac County		
	1) Schrage, Myles 11	2) Riley, Will 11	3) Williams, Wade 10
	5) Schrader, Colin 09	6) Menke, Cody 11	4) Huseman, Matt 11
7	Jefferson-Scranton		
	1) Marquardt, Quinn 11	2) Miller, Nick 11	3) Heisterkamp, Philip 12
	5) Newell, Darin 10	6) Skalla, Jeff 10	4) Sievers, Curt 11
8	Clarinda		
	1) Bates, Dan	2) Sunderman, Fletcher 12	3) Frey, Steffen 12
	5) Lasley, Nick 10	6) Sunderman, Steve	4) Hummel, Bryant 12

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa****Drake Stadium****Meet Program****Heat 2 of 3 Prelims...(Event 73 Boys 4x100 Meter Relay 2A)**

1	Durant 1) Geurink, Bryce 12 5) Gross, Dylan 10	2) Huston, Garett 10 6) Kessler, Austin 10	3) Goering, Jake 11	4) Freund, Caleb 10
2	Albia 1) Overmyer, Kile 10 5) White, Timothy 11	2) Coughlin, Curt 10 6) Stephens, Andy 11	3) Pistek, Robert 10	4) Chamberlain, Kody 09
3	Okoboji, Milford 1) James, Kevin 12 5) Peterson, Tyler 12	2) Wurtz, Ryan 12 6) Koepp, Alex 09	3) Burgduff, Billy 11	4) Burgeson, Max 12
4	Unity Christian, Orange City 1) Kleinwolterink, Jordyn 11 5) Floen, Jake 09	2) Gradert, Kameron 12 6) De Jong, Luke 12	3) Hoekstra, Taylor 12	4) Floen, Aaron 12
5	PCM, Monroe 1) Norwood, Tyler 11 5) Gilson, Joey 11	2) Vander Beek, Drew 12 6) Reese, Cole 11	3) Burns, Gavin 12	4) Miller, Brian 11
6	Camanche 1) Emert, Julian 11 5) Jewell, Brandon 09	2) McElroy, John 11 6) Lovell, Tyler 09	3) Bark, Blake 12	4) Jewell, Aaron 12
7	BCLUW, Conrad 1) Krause, Austin 12 5) Jones, Tracy 12	2) Vawter, Ben 12 6) Dielschneider, Tanner 12	3) Morgan, TY 12	4) Dolphin, Jace 12
8	Emmetsburg 1) Deford, Justin 5) Berkland, Brady 09	2) Dettmann, Trevor 12 6) Morris, Taylor 12	3) Schultes, Cory 10	4) Kuecker, Tommy 11

Heat 3 of 3 Prelims

1	Underwood 1) Knowlton, Austin 11 5) Masker, Mitch 12	2) Robinson, Dillon 10 6) Kephart, Travis 10	3) Knowlton, Kyle 11	4) Seaton, Cole 09
2	Central Lee, Donnellson 1) Wilsey, Jay 10 5) Hardy, Brenden 12	2) Pezley, Trevor 12 6) Kirchner, Dakota 10	3) Fett, Justin 10	4) Vogel, Brad 11
3	Roland-Story, Story City 1) Johnson, Adam 11 5) Swanson, Matt 10	2) Mathis, Keaton 12 6) McDermott, Jay 10	3) Sampson, Bryce 12	4) Thompson, Bryttan 09
4	Beckman, Dyersville 1) Mensen, Austin 12 5) Gansemer, Ben 12	2) Reitinger, Eric 12 6) Derr, Tim 12	3) Watkinson, Tony 10	4) Troutman, Ty 09
5	Clayton Ridge, Guttenberg 1) Sadewasser, Owen 12 5) Vaughan, Brian 09	2) Keehner, Logan 11 6) Rutledge, Ethan 12	3) Davis, Jordan 11	4) Friedlein, Jordan 12
6	Pocahontas Area 1) Rittgers, Jonathan 11 5) Sommerlot, Luke 09	2) Ollinger, Brad 11 6) Williams, Weston 12	3) Sommerlot, Kendall 12	4) Harrison, Cody 12
7	North Fayette, West Union 1) Nesvik, Tom 11 5) Johannsen, Brad 12	2) Feldman, Brady 10 6) Nuss, Reid 10	3) Winter, Joe 12	4) Michael, Logan 12
8	Dike-New Hartford 1) Grundmeyer, Chris 11 5) Greiner, Jasenn 12	2) Weber, Joe 11 6) Hansen, Sid 11	3) Gorby, Joey 11	4) Perez, Mike 12

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 81 Boys 4x200 Meter Relay 2A

Friday 5/22/2009 - 4:00 PM

Heats against time - 4 turn stagger -red start SW corner

2nd & 3rd runner red exchange

4th runner - yellow

State Record: 1:29.26 5/20/2005 Beckman Dyersville, Beckman Dyersvil
R Brown, S Scherrman, K Troutman, M Rahe
All-Time: 1:26.40 1997 Iowa City High, Iowa City High

Lane	Team	Relay	Seed Time
Section 1 of 3 Timed Finals			
1	Underwood		
	1) Knowlton, Austin 11	2) Robinson, Dillon 10	3) Knowlton, Kyle 11
	5) Masker, Mitch 12	6) Meyer, Phil 09	4) Seaton, Cole 09
2	Camanche		
	1) Emert, Julian 11	2) Stoll, Tony 11	3) Lovell, Tyler 09
	5) Jewell, Aaron 12	6) Maxwell, Brad 11	4) McElroy, John 11
3	Albia		
	1) O Leary, Tommy 11	2) Coughlin, Curt 10	3) Pistek, Robert 10
	5) Overmyer, Kile 10	6) Hutt, Zach 10	4) Chamberlain, Kody 09
4	Clayton Ridge, Guttenberg		
	1) Sadewasser, Owen 12	2) Keehner, Logan 11	3) Davis, Jordan 11
	5) Rutledge, Ethan 12	6) Vaughan, Brian 09	4) Friedlein, Jordan 12
5	Eddyville-Blakesburg		
	1) Strausser, Preston 12	2) Lunsford, Blake 12	3) Versteegh, Brent 11
	5) Lane, Joey 11	6) DeZwarte, Cody 11	4) Pilcher, Micheal 12
6	Clarinda		
	1) Bates, Dan	2) Sunderman, Fletcher 12	3) Frey, Steffen 12
	5) Lasley, Nick 10	6) Sunderman, Steve	4) Hummel, Bryant 09
7	MFL MarMac		
	1) Shedivy, Pierce 11	2) Yaddof, Michael 12	3) Heins, Jon 10
	5) Rodas, Andrew 12	6) Weller, Travis 10	4) Schoulte, Jason 12
8	North Cedar, Stanwood		
	1) Kauffman, Nic 12	2) Leeper, Alex 10	3) Montz, Dylan 11
	5) Salat, Justin 11	6) Samuels, Dale 12	4) Edleman, Jacob 11

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009
Des Moines, Iowa
Drake Stadium
Meet Program

Section 2 of 3 Timed Finals...(Event 81 Boys 4x200 Meter Relay 2A)

- | | | | | | |
|---|--------------------------------|-----------------------------|------------------------|------------------------|----------------------------|
| 1 | Sibley-Ocheyedan | 1) Alexander, Patrick 09 | 2) Davids, Paul 12 | 3) Iedema, Greg 11 | 4) Ackerman, Derek 10 |
| | | 5) Glade, James 12 | 6) Decker, Tyler 10 | | |
| 2 | BCLUW, Conrad | 1) Krause, Austin 12 | 2) Vawter, Ben 12 | 3) Morgan, TY 12 | 4) Jones, Tracy 12 |
| | | 5) Dielschneider, Tanner 12 | 6) Dolphin, Jace 12 | | |
| 3 | St. Edmond, Fort Dodge | 1) Flattery, Patrick 12 | 2) Flattery, Joey 12 | 3) Steinkamp, Doug 11 | 4) Fosbender, Jeff 10 |
| | | 5) Sandvig, Brian 12 | 6) Schomberg, Joe 11 | | |
| 4 | Western Christian, Hull | 1) Barkel, Joel 12 | 2) Bonestroo, Heath 9 | 3) Groeneweg, Bryce 11 | 4) Wolterstorff, Trevor 12 |
| | | 5) Swenson, Kevin 12 | 6) Bartman, Theo 11 | | |
| 5 | IKM-Manning | 1) Opperman, Jason 11 | 2) Eberly, Ryan 12 | 3) Gaskill, Jarad 11 | 4) Croghan, Jerad 11 |
| | | 5) Hawbaker, Dalton 10 | 6) Petersen, Jay 10 | | |
| 6 | Osage | 1) Hartogh, Alex 12 | 2) Thome, Tyler 10 | 3) Wagner, Luke 10 | 4) Shaw, Marquis 12 |
| | | 5) Bremer, Jordan 12 | 6) Fox, Colin 12 | | |
| 7 | Jefferson-Scranton | 1) Marquardt, Quinn 11 | 2) Miller, Nick 11 | 3) Skalla, Jeff 10 | 4) Sievers, Curt 11 |
| | | 5) Fisher, Allen 11 | 6) Owens, David 10 | | |
| 8 | Central Lee, Donnellson | 1) Wilsey, Jay 10 | 2) Krehbiel, Andrew 12 | 3) Fett, Justin 10 | 4) Vogel, Brad 11 |
| | | 5) Hardy, Brenden 12 | 6) Pezley, Trevor 12 | | |

Section 3 of 3 Timed Finals

- | | | | | | |
|---|-------------------------------------|------------------------------|-------------------------|------------------------|-------------------------|
| 1 | Hudson | 1) Finn, Matt 11 | 2) Wright, Tanner 10 | 3) DeVoe, Ryan 11 | 4) Johnson, Kyle 10 |
| | | 5) Medina, Marco 12 | 6) Griffith, Zach 12 | | |
| 2 | Solon | 1) Morris, James 10 | 2) Loveless, Derrick 10 | 3) Dall, Austin | 4) Vance, Sammy 11 |
| | | 5) Ashton, Andy | 6) Parysz, Pat 10 | | |
| 3 | Beckman, Dyersville | 1) Watkinson, Tony 10 | 2) Reittinger, Eric 12 | 3) Troutman, Ty 09 | 4) Gansemer, Ben 12 |
| | | 5) Mensen, Austin 12 | 6) Derr, Tim 12 | | |
| 4 | Dike-New Hartford | 1) Johnson, Adam 12 | 2) Perez, Mike 12 | 3) Weber, David 12 | 4) Grandon, Cory 12 |
| | | 5) Weber, Joe 11 | 6) Gorby, Joey 11 | | |
| 5 | PCM, Monroe | 1) Norwood, Tyler 11 | 2) Vander Beek, Drew 12 | 3) Burns, Gavin 12 | 4) Miller, Brian 11 |
| | | 5) Reese, Cole 11 | 6) Gilson, Joey 11 | | |
| 6 | West Marshall, State Center | 1) Streeter, Tysen 09 | 2) Buck, Sam 12 | 3) Ferch, Drake 11 | 4) Ferch, Dalton 09 |
| | | 5) Bunn, Josh 09 | 6) Crist, Justin 10 | | |
| 7 | Unity Christian, Orange City | 1) Gradert, Kameron 12 | 2) Floen, Jake 09 | 3) Hoekstra, Taylor 12 | 4) Floen, Aaron 12 |
| | | 5) Kleinwolterink, Jordyn 11 | 6) De Jong, Luke 12 | | |
| 8 | Roland-Story, Story City | 1) Johnson, Adam 11 | 2) Swanson, Matt 10 | 3) Mathis, Keaton 12 | 4) Thompson, Bryttan 09 |
| | | 5) Sampson, Bryce 12 | 6) Riesburg, Thomas 11 | | |

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 89 Boys 4x400 Meter Relay 2A

Friday 5/22/2009 - 7:00 PM

Prelim: Top 8 fastest times / 3 turn stagger. Blue start

#2 Blue exchange, cut at break line SE Corner

#3 & #4 runner blue back line

Final: time basis

State Record: 3:21.90 5/20/2006 Mid-Prairie Wellman, Mid-Prairie Well
L Silbaugh, D Patterson, K Graber, A Stockstell

All-Time: 3:16.6h 1979 Indianola, Indianola

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Prairie Valley, Gowrie		
	1) Martin, Michael 11	2) Johnson, Tanner 12	3) Milham, Brandon 12
	5) Elmore, Jon 11	6) Jacobson, Cole 11	4) Kruse, Parker 12
2	Center Point-Urbana		
	1) Elgin, Sam 12	2) Gatrost, Garrett 10	3) Lansdown, Nick 11
	5) Mixdorf, Ryan 11	6) Horning, Max 11	4) Wiggins, Brett 12
3	North Polk, Alleman		
	1) Smith, Trent 11	2) Ebert, Willy 10	3) Lomica, Austin 10
	5) Smith, Zach 10	6) Christensen, Justin 10	4) Harmeyer, Matt 11
4	Dike-New Hartford		
	1) Weber, David 12	2) Grandon, Cory 12	3) Weber, Joe 11
	5) McBride, Travis 11	6) Eiklenborg, Si 09	4) Johnson, Adam 12
5	Unity Christian, Orange City		
	1) Hoekstra, Taylor 12	2) Te Grootenhuis, Rick 12	3) Byl, Henry 12
	5) Floen, Aaron 12	6) Floen, Jake 09	4) Kroeze, Tyler 10
6	Starmont		
	1) Jennerjohn, Matt 12	2) Lowry, Tom 12	3) Hamlett, Nate 10
	5) Otdoerfer, Vinnie 09	6) Pech, Nate 10	4) Cordes, Jared 12
7	Albia		
	1) Helm, Donovan 11	2) O Leary, Tommy 11	3) Brady, Clayton 12
	5) Wynn, Patrick 11	6) Williams, Logan 10	4) Dorpinghaus, Logan 12
8	Interstate 35, Truro		
	1) McKinney, Nathan 11	2) Petersen, Jake 11	3) Kent, Shaun 11
	5) McKinney, Sam 12	6) Freeman, Kyle 10	4) VanDyke, Caleb 10

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa****Drake Stadium****Meet Program****Heat 2 of 3 Prelims...(Event 89 Boys 4x400 Meter Relay 2A)**

- | | | | | |
|---|---|--|----------------------------|-----------------------|
| 1 | IKM-Manning
1) Eberly, Ryan 12
5) Blake, Rick 11 | 2) Martz, Dustin 12
6) Muhlbauer, Tyler 11 | 3) Gaskill, Jarad 11 | 4) Croghan, Jerad 11 |
| 2 | St. Edmond, Fort Dodge
1) Doster, Daniel 12
5) Kesten, Thomas 10 | 2) Flattery, Joey 12
6) Madsen, Josh 12 | 3) Flattery, Patrick 12 | 4) Sandvig, Brian 12 |
| 3 | Panorama, Panora
1) Henry, Brandon 12
5) Deardorff, Collin 12 | 2) Calmer, Josh 09
6) Muyskens, Kyle 10 | 3) Henry, Andy 11 | 4) Marks, Jordan 12 |
| 4 | Western Christian, Hull
1) Swenson, Kevin 12
5) De Vries, Tyler 10 | 2) Groeneweg, Bryce 11
6) Bonestroo, Heath 9 | 3) Wolterstorff, Trevor 12 | 4) Bartman, Theo 11 |
| 5 | Mid-Prairie, Wellman
1) Miller, Tanner 11
5) Asbe, Tyler 11 | 2) Hochstetler, Justin 10
6) Bontrager, Cody 11 | 3) Ropp, Lavon 12 | 4) Hollan, Quinn 11 |
| 6 | Solon
1) Parysz, Pat 10
5) Pisarik, Peter | 2) Loveless, Derrick 10
6) Kienholz, Kyle 10 | 3) Parysz, Michael | 4) Vance, Sammy 11 |
| 7 | Nashua-Plainfield
1) Courtney, Jacob 12
5) Benning, Marc 12 | 2) Fisher, Andrew 12
6) Hoerman, Jason 12 | 3) White, Matt 12 | 4) Weinberg, Shane 12 |
| 8 | Red Oak
1) Kasubick, Josh 11
5) Huff, Gage | 2) Flowers, Caleb
6) Soe, Matt 09 | 3) Streicher, Collin 10 | 4) Jones, Austin 11 |

Heat 3 of 3 Prelims

- | | | | | |
|---|---|---|------------------------|----------------------------|
| 1 | Northeast, Goose Lake
1) Eberhart, Shaun
5) Krogmann, Ryan 12 | 2) Gluesing, Alec 09
6) Loots, Tanner | 3) Howe, Jordan 12 | 4) Loots, Baron 09 |
| 2 | BCLUW, Conrad
1) Dielschneider, Tanner 12
5) Krause, Austin 12 | 2) Vawter, Ben 12
6) Goodman, Sam 12 | 3) Jones, Tracy 12 | 4) McDonald, Dane 11 |
| 3 | Tipton
1) Cawiezell, Tyler 10
5) Hall, Reece 11 | 2) King, Scott 12
6) Phelps, Brody 11 | 3) Shipley, Jack 11 | 4) Rogers, Ethan 11 |
| 4 | Beckman, Dyersville
1) Gansemer, Ben 12
5) Goerd, Josh 11 | 2) Mensen, Austin 12
6) Roe, Dylan 09 | 3) Reittinger, Eric 12 | 4) Troutman, Ty 09 |
| 5 | West Marshall, State Center
1) VanZwol, Dillan 11
5) Buck, Sam 12 | 2) Ferch, Dalton 09
6) Crist, Justin 10 | 3) Shipley, Jake 12 | 4) Ferch, Drake 11 |
| 6 | Sioux Central, Sioux Rapids
1) Patten, Scott 12
5) Ehlers, Adam 10 | 2) Wittmaack, Nick 09
6) Lindquist, Ethan 09 | 3) Ripke, Mike 11 | 4) Tiefenthaler, Trevor 12 |
| 7 | West Liberty
1) Lira, Tomas 12
5) Pelzer, Matt 12 | 2) Garcia, Mason 11
6) Feldman, Spencer 09 | 3) Meyers, Justin 12 | 4) Nortman, Ty 11 |
| 8 | Clarion-Goldfield
1) Ahrens, Scott 12
5) Warnke, Tory 10 | 2) Murphy, Evan 11
6) Sann, Wyatt 09 | 3) Ahrendsen, Karl 11 | 4) Anderson, Ethan 12 |

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 97 Boys 4x800 Meter Relay 2A

Thursday 5/21/2009 - 5:40 PM

Double waterfall start

1-8 on back waterfall

9-12 outside waterfall, lane 5-8, 1 turn stagger

exchange zone - blue back line

State Record: 7:53.67 2000

Tipton, Tipton

P. Dohring, A. Kruse, B. Hoffman, M. Weih

All-Time: 7:44.06 1987

Ames, Ames

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	IKM-Manning		
	1) Blake, Rick 11	2) Martz, Dustin 12	3) Martz, Corbin 10
	5) Muhlbauer, Tyler 11	6) Irlmeier, Mitchell 10	4) Bruck, Tyler JR
2	MFL MarMac		
	1) Dotzler, Jacob 09	2) Hoth, Trevor 10	3) Smith, Austin 12
	5) Anderson, Derrick 12	6) Yaddof, Michael 12	4) Hein, Jason 12
3	Pekin		
	1) Jones, Matthew 12	2) Tosh, Jeremy 12	3) Lamb, Brady 11
	5) Millikin, Cody 12	6) Laux, Phil 09	4) Robison, Derek 12
4	Northeast, Goose Lake		
	1) Howe, Jordan 12	2) Eberhart, Shaun	3) Loots, Baron 09
	5) Gluesing, Alec 09	6) Bowman, Matt 09	4) Krogmann, Ryan 12
5	Mid-Prairie, Wellman		
	1) Asbe, Tyler 11	2) Ropp, Lavon 12	3) Hollan, Quinn 11
	5) Swartz, Peter 09	6) Hochstetler, Jordan 12	4) Hochstetler, Justin 10
6	Beckman, Dyersville		
	1) Roe, Dylan 09	2) Kauder-Metcalf, Eric 09	3) Anstoetter, Robbie 09
	5) Budden, Nick 11	6) Golden, Connor 09	4) Goerd, Josh 11
7	Roland-Story, Story City		
	1) Rasmusson, Nolan 12	2) Morris, Jacob 11	3) Billerbeck, Cole 11
	5) Selby, Christian 11	6) Ostrem, Jacob 11	4) Johnson, Seth 10
8	Tipton		
	1) Rogers, Ethan 11	2) Hall, Reece 11	3) McGuinty, Justin 12
	5) Shipley, Jack 11	6) Byrd, Spencer 11	4) Thien, Eric 12
9	Mediapolis		
	1) Slutts, Derrick 10	2) Schulz, Jacob 12	3) Mohr, Jordan 12
	5) Ajose, Bayo 10	6) Beckman, Derek 12	4) Thomson, Jonathon 12
10	Monticello		
	1) Schneider, Jud 11	2) Guy, Aaron 09	3) Gillmore, Dakota 11
	5) Plummer, Jeff 11	6) Schneider, Tyler 09	4) Williams, Noah 10
11	Missouri Valley		
	1) Wilson, Kyle 11	2) Miller, Jole 10	3) Hawley, Taylor 12
	5) Waterhouse, Emery 12	6) Holst, David 11	4) Dougherty, Brian 10
12	Shenandoah		
	1) Fick, Andy 10	2) Rendon, Hector 09	3) Stout, Brandon 09
	5) Edward, Charles 11	6) Nebel, Dustin 09	4) Swank, Brad 12

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009
Des Moines, Iowa
Drake Stadium
Meet Program

Section 2 of 2 Timed Finals...(Event 97 Boys 4x800 Meter Relay 2A)

- | | | | | |
|----|--------------------------------|-------------------------|-------------------------|-----------------------|
| 1 | Pella Christian | | | |
| | 1) Giddings, Skyler 10 | 2) Meyer, Josh 10 | 3) Veenstra, Devin 11 | 4) Vos, Zach 11 |
| | 5) Tvedt, Nate 09 | 6) Carlson, Chase 10 | | |
| 2 | North Polk, Alleman | | | |
| | 1) Landwehr, Chris 12 | 2) Ebert, Willy 10 | 3) Smith, Trent 11 | 4) Harmeyer, Matt 11 |
| | 5) Rodman, Cooper 10 | 6) Barksdale, Dan 12 | | |
| 3 | St. Edmond, Fort Dodge | | | |
| | 1) Madsen, Josh 12 | 2) Flattery, Neil 09 | 3) Kesten, Thomas 10 | 4) Doster, Daniel 12 |
| | 5) Flattery, Joey 12 | 6) Flattery, Patrick 12 | | |
| 4 | Okoboji, Milford | | | |
| | 1) Peterson, Tyler 12 | 2) Delaney, Madison 12 | 3) Millard, Austin 10 | 4) Johnson, Milan 11 |
| | 5) Wurtz, Ryan 12 | 6) Millard, Ethan 10 | | |
| 5 | Western Christian, Hull | | | |
| | 1) Fenchel, Davis 09 | 2) Ver Burg, Lee 10 | 3) Van Engen, Taylor 12 | 4) Bierma, Tim 11 |
| | 5) De Vries, Tyler 10 | 6) Zandstra, Brent 09 | | |
| 6 | Sioux Center | | | |
| | 1) Byker, Brice 11 | 2) Jacobsma, Tyler 11 | 3) Rozeboom, Brett 09 | 4) Evenson, Jacob 11 |
| | 5) Hoogland, Joel 10 | 6) Groenendyk, Jacob 11 | | |
| 7 | BCLUW, Conrad | | | |
| | 1) Fiscus, Steele 12 | 2) Zacharias, Blake 12 | 3) Goodman, Sam 12 | 4) McDonald, Dane 11 |
| | 5) Dielschneider, Tanner 12 | 6) Storzahan, Levi 09 | | |
| 8 | South Hamilton, Jewell | | | |
| | 1) Quam, Devan 10 | 2) Johnston, Nathan 12 | 3) Monthei, Jesse 11 | 4) Rueger, Zach 12 |
| | 5) Fisher, Ryan 11 | 6) Hake, Keaton 10 | | |
| 9 | Nashua-Plainfield | | | |
| | 1) Benning, Marc 12 | 2) Fisher, Andrew 12 | 3) Courtney, Jacob 12 | 4) Weinberg, Shane 12 |
| | 5) Bellingier, Garrett 11 | 6) Klobassa, Kevin 09 | | |
| 10 | South Hardin | | | |
| | 1) Granzow, Jeff 12 | 2) Daleske, Ben 11 | 3) Brown, Derek 12 | 4) Kadolph, Jared 11 |
| | 5) Grothoff, Colby 11 | 6) Penning, Nick 12 | | |
| 11 | Center Point-Urbana | | | |
| | 1) Mixdorf, Ryan 11 | 2) Lansdown, Nick 11 | 3) Wiggins, Brett 12 | 4) Elgin, Sam 12 |
| | 5) Norman, Will 11 | 6) Rhinehart, Nic 10 | | |
| 12 | CMB, Baxter | | | |
| | 1) O'Hara, Josh 11 | 2) Reinhold, Dom 12 | 3) Findlay, Jon 12 | 4) Schmidt, Ethan 11 |
| | 5) Robinson, Lee 10 | 6) Sharp, Trevor 12 | | |

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa
Drake Stadium
Meet Program****Event 111 Boys Distance Medley 2A**

Friday 5/22/2009 - 5:40 PM

Heats against time - 3 turn stagger - blue start SW corner

#2 blue, #3 blue triangles

4th runner blue back line, cut at SE break line

200/200/400/800

State Record: 3:26.16 5/16/2008 Mid-Prairie, Mid-Prairie
T Miller, C Bontrager, L Silbaugh, A Stockstell
All-Time: 3:22.69 2001 Iowa City High, Iowa City High

Lane	Team	Relay	Seed Time
Section 1 of 3 Timed Finals			
1	Pella Christian		
	1) Tvedt, Sam 10	2) Carlson, Chase 10	3) Vos, Zach 11
	5) Veenstra, Devin 11	6) Meyer, Josh 10	4) Giddings, Skyler 10
2	West Liberty		
	1) Pelzer, Matt 12	2) Brenneman, Cody 11	3) Meyers, Justin 12
	5) Lira, Tomas 12	6) Garcia, Mason 11	4) Nortman, Ty 11
3	Prairie Valley, Gowrie		
	1) Milham, Brandon 12	2) Hanson, John 12	3) Kruse, Parker 12
	5) Warehime, Shane 12	6) Martin, Keaton 11	4) Johnson, Tanner 12
4	West Marshall, State Center		
	1) Bunn, Josh 09	2) Buck, Sam 12	3) Ferch, Drake 11
	5) Crist, Justin 10	6) Streeter, Tysen 09	4) Shipley, Jake 12
5	Underwood		
	1) Knowlton, Austin 11	2) Knowlton, Kyle 11	3) Robinson, Dillon 10
	5) Meyer, Phil 09	6) Gunderson, Blake 09	4) Masker, Mitch 12
6	Missouri Valley		
	1) Monzu, Nick 11	2) Goff, Joey 12	3) Wilson, Kyle 11
	5) Hawley, Taylor 12	6) Jensen, Devon 09	4) Miller, Jole 10
7	CMB, Baxter		
	1) Sharp, Trevor 12	2) Hansen, Dylan 11	3) Deutsch, John 11
	5) Kauer, Chris 10	6) Reinhold, Dom 12	4) Schmidt, Ethan 11
8	IKM-Manning		
	1) Opperman, Jason 11	2) Tank, Robert 09	3) Muhlbauer, Tyler 11
	5) Petersen, Jay 10	6) Martz, Corbin 10	4) Bruck, Tyler JR

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa
Drake Stadium
Meet Program****Section 2 of 3 Timed Finals...(Event 111 Boys Distance Medley 2A)**

- | | | | | | |
|---|------------------------------|-----------------------------|------------------------|----------------------------|------------------------|
| 1 | South Hamilton, Jewell | 1) Cottingham, Christian 11 | 2) Fredrick, Drew 11 | 3) Quam, Devan 10 | 4) Johnston, Nathan 12 |
| | | 5) Block, Sam 11 | 6) Monthei, Jesse 11 | | |
| 2 | Unity Christian, Orange City | 1) Gradert, Kameron 12 | 2) Floen, Jake 09 | 3) Te Grootenhuis, Rick 12 | 4) Byl, Henry 12 |
| | | 5) Hoekstra, Taylor 12 | 6) Kroeze, Tyler 10 | | |
| 3 | Okoboji, Milford | 1) James, Kevin 12 | 2) Burgeson, Max 12 | 3) Wurtz, Ryan 12 | 4) Delaney, Madison 12 |
| | | 5) Peterson, Tyler 12 | 6) Burgduff, Billy 11 | | |
| 4 | St. Edmond, Fort Dodge | 1) Steinkamp, Doug 11 | 2) Fosbender, Jeff 10 | 3) Doster, Daniel 12 | 4) Flattery, Joey 12 |
| | | 5) Sandvig, Brian 12 | 6) Madsen, Josh 12 | | |
| 5 | Maple Valley-Anthon-Oto | 1) Oberg, Chris 11 | 2) Sexton, Michael 12 | 3) Heinse, Ethan 11 | 4) Koithan, Eric 10 |
| | | 5) Utterback, Bryon 11 | 6) Dougherty, Tim 11 | | |
| 6 | MFL MarMac | 1) Shedivy, Pierce 11 | 2) Schoulte, Jason 12 | 3) Yaddof, Michael 12 | 4) Hein, Jason 12 |
| | | 5) Heins, Jon 10 | 6) Dotzler, Jacob 09 | | |
| 7 | Center Point-Urbana | 1) Ramsey, Dylan 11 | 2) Lansdown, Nick 11 | 3) Wiggins, Brett 12 | 4) Elgin, Sam 12 |
| | | 5) Ramsey, Ty 09 | 6) Mixdorf, Ryan 11 | | |
| 8 | Beckman, Dyersville | 1) Watkinson, Tony 10 | 2) Marugg, Jared 12 | 3) Anstoetter, Robbie 09 | 4) Roe, Dylan 09 |
| | | 5) Thole, Daniel 12 | 6) Reittinger, Eric 12 | | |

Section 3 of 3 Timed Finals

- | | | | | | |
|---|-----------------------|-----------------------------|-------------------------|---------------------------|--------------------------|
| 1 | Albia | 1) Overmyer, Kile 10 | 2) Coughlin, Curt 10 | 3) Helm, Donovan 11 | 4) Dorpinghaus, Logan 12 |
| | | 5) O Leary, Tommy 11 | 6) Gottschalk, Devon 12 | | |
| 2 | BCLUW, Conrad | 1) Dielschneider, Tanner 12 | 2) Morgan, TY 12 | 3) Krause, Austin 12 | 4) McDonald, Dane 11 |
| | | 5) Goodman, Sam 12 | 6) Jones, Tracy 12 | | |
| 3 | Mid-Prairie, Wellman | 1) Ropp, Lavon 12 | 2) Bontrager, Cody 11 | 3) Hochstetler, Justin 10 | 4) Asbe, Tyler 11 |
| | | 5) Hollan, Quinn 11 | 6) Miller, Tanner 11 | | |
| 4 | Dike-New Hartford | 1) Johnson, Adam 12 | 2) Perez, Mike 12 | 3) Weber, David 12 | 4) Grandon, Cory 12 |
| | | 5) Weber, Joe 11 | 6) Gorby, Joey 11 | | |
| 5 | Northeast, Goose Lake | 1) Eberhart, Shaun | 2) Bormann, Derek | 3) Loots, Baron 09 | 4) Krogmann, Ryan 12 |
| | | 5) Howe, Jordan 12 | 6) Rodgers, Delvon 10 | | |
| 6 | Tipton | 1) Phelps, Brody 11 | 2) Becker, Blake 12 | 3) King, Scott 12 | 4) Rogers, Ethan 11 |
| | | 5) Shipley, Jack 11 | 6) Hall, Reece 11 | | |
| 7 | Central Springs | 1) Lund, Max 10 | 2) Johnson, Jesse 10 | 3) Logemann, Travis 11 | 4) Hagen, Taylor 11 |
| | | 5) Comentino, Parker 12 | 6) Peters, Luke 12 | | |
| 8 | Belle Plaine | 1) Steward, Seivon 11 | 2) Crow, Brian 09 | 3) Janss, Chris | 4) Brandt, Tyler 12 |
| | | 5) DeMeulenaere, Tate 09 | 6) Long, John 09 | | |

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa

Drake Stadium

Meet Program

Event 119 Boys High Jump 2A

Friday 5/22/2009 - 2:00 PM

Once event done-bring results to Results RM Press Box 2nd Floor

State Record: 7-03.50 1981 Brian Tietjens, North Central

All-Time: 7-03.50 1981 Brian Tietjens, North Central, Manly

Pos	Name	Year	School	Seed	Mark
-----	------	------	--------	------	------

Flight 1 of 1 Finals

1	Garcia, Mason	11	West Liberty		
2	Engler, John	12	St. Edmond, Fort Dodge		
3	Pedersen, Reed	12	Jefferson-Scranton		
4	Firkins, Jacoby	10	Regina, Iowa City		
5	Tuttle, Seth	10	West Fork, Sheffield		
6	Harms, Jordan	11	Monticello		
7	Gorsuch, Mark	09	Jefferson-Scranton		
8	Thompson, Josh	10	Garner-Hayfield		
9	Ysselstein, Joel	12	Western Christian, Hull		
10	Meinders, Sam	12	Sibley-Ocheyedan		
11	Vierow, Scott	12	North Fayette, West Union		
12	Bonnet, Matt	12	Underwood		
13	Samuels, Dale	12	North Cedar, Stanwood		
14	Holdredge, Bryce	12	Roland-Story, Story City		
15	Hansen, Sid	11	Dike-New Hartford		
16	Day, Nick	10	Solon		
17	Handford-Brown, Malcolm	12	Center Point-Urbana		
18	Tank, Robert	09	IKM-Manning		
19	Sadewasser, Owen	12	Clayton Ridge, Guttenberg		
20	Gorby, Joey	11	Dike-New Hartford		
21	Croghan, Jerad	11	IKM-Manning		
22	Sathoff, Trey	09	Pekin		
23	Marks, Jordan	12	Panorama, Panora		
24	Huseman, Matt	11	East Sac County		

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 127 Boys Long Jump 2A

Thursday 5/21/2009 - 2:00 PM

3 preliminary jumps - Top 8 advance to finals

Final: 3 final jumps

Once event done-bring results to Results RM Press Box 2nd Floor

State Record: 24-03 1985 Matt Zuber, Iowa Valley

All-Time: 24-05 1984 Chris Walker, Davenport Central

Pos	Name	Year	School	Seed Mark
Flight 1 of 2 Finals				
1	Smith, Reggie	10	Clarinda Academy	
2	Zeutenhorst, Taylor	11	Sheldon	
3	Young, Jake	12	Garner-Hayfield	
4	Milham, Brandon	12	Prairie Valley, Gowrie	
5	Buckley, Garrett	12	Tri-Center, Neola	
6	Wohlert, Justin	10	Hartley-Melvin-Sanborn	
7	Pezley, Trevor	12	Central Lee, Donnellson	
8	Steinhoff, Zach	11	Manson Northwest Webster	
9	Lunsford, Blake	12	Eddyville-Blakesburg	
10	Treimer, Marcus	11	Hartley-Melvin-Sanborn	
11	Freund, Caleb	10	Durant	
12	Sleeper, Wes	10	Solon	
Flight 2 of 2 Finals				
1	Nesvik, Tom	11	North Fayette, West Union	
2	Robinson, Dillon	10	Underwood	
3	Sadewasser, Owen	12	Clayton Ridge, Guttenberg	
4	Weber, David	12	Dike-New Hartford	
5	Meyers, Justin	12	West Liberty	
6	Sturms, Travis	12	Wilton	
7	Johnson, Mark	12	Gilbert	
8	Kunze, Cory	12	Bondurant-Farrar	
9	Handford-Brown, Malcolm	12	Center Point-Urbana	
10	Hansen, Sid	11	Dike-New Hartford	
11	Ferch, Dalton	09	West Marshall, State Center	
12	Puls, Channing	12	Hudson	

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 135 Boys Discus Throw 2A

Friday 5/22/2009 - 4:30 PM

3 preliminary throws - Top 8 advance to finals

Final: 3 final throws

Once event done-bring results to Results RM Press Box 2nd Floor

State Record: 186-02 1991 Allan Walz, Bondurant-Farrar

All-Time: 207-08 1978 Scott Crowell, Mason City

Pos	Name	Year	School	Seed Mark
Flight 1 of 2 Finals				
1	Kehoe, Tucker	10	Prairie Valley, Gowrie	
2	Tuttle, Keaton	12	Cherokee, Washington	
3	Rathmacher, Jacob	10	Roland-Story, Story City	
4	Smith, Tyler	10	Solon	
5	Hudson, Cody	12	West Liberty	
6	Stutt, Ben	10	Monticello	
7	Ricklefs, Henry	11	Louisa-Muscatine	
8	Hibma, Levi	12	Sibley-Ocheyedan	
9	Stockdale, Taylor	12	Eagle Grove	
10	Nichols, Austin	12	West Marshall, State Center	
11	Williams, Nick	12	Regina, Iowa City	
12	Thorson, Skylar	12	Saint Ansgar	
Flight 2 of 2 Finals				
1	Disney, Joe	12	West Marshall, State Center	
2	Reynolds, Colton	10	Center Point-Urbana	
3	Hutchens, Nick	12	BCLUW, Conrad	
4	Rahe, Travis	12	Beckman, Dyersville	
5	Van Tilburg, Trevor	12	Sibley-Ocheyedan	
6	Funk, Will	12	West Fork, Sheffield	
7	Janssen, Brady	11	Starmont	
8	Wears, Colton	11	Solon	
9	Messerschmidt, Steven	11	Tri-Center, Neola	
10	Alvis, Dominic	12	Logan-Magnolia	
11	Carman, Andy	11	Jefferson-Scranton	
12	Bahrke, Cody	12	Tri-Center, Neola	

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
 Drake Stadium
 Meet Program

Event 143 Boys Shot Put 2A

Thursday 5/21/2009 - 4:30 PM

3 preliminary throws - Top 8 advance to finals

Final: 3 final throws

Once event done-bring results to Results RM Press Box 2nd Floor

State Record: 61-11.25 1977 Jeff DeVilder, BGM

All-Time: 70-11 1968 Doug Lane, Cedar Rapids Jefferson

Pos	Name	Year	School	Seed	Mark
Flight 1 of 2 Finals					
1	Stutt, Ben	10	Monticello		
2	Hill, Dexter	12	Davis County, Bloomfield		
3	Janssen, Brady	11	Starmont		
4	Smith, Tyler	10	Solon		
5	Kehoe, Tucker	10	Prairie Valley, Gowrie		
6	Berry, Tony	11	Starmont		
7	Brinkman, Tom	12	Pocahontas Area		
8	Stockdale, Taylor	12	Eagle Grove		
9	Mosbey, Zack	11	Pekin		
10	Williams, Cy	12	Clarinda		
11	Noble, Josh	12	Hartley-Melvin-Sanborn		
12	Crowl, Garrett	12	Sheldon		
Flight 2 of 2 Finals					
1	Huisman, Jordan	12	Unity Christian, Orange City		
2	Gage, Austin	11	Hudson		
3	Carman, Andy	11	Jefferson-Scranton		
4	Hudson, Cody	12	West Liberty		
5	Hundley, Eric	12	Hudson		
6	Bahrke, Cody	12	Tri-Center, Neola		
7	Rahe, Travis	12	Beckman, Dyersville		
8	Hendrikson, Dallas	12	Saint Ansgar		
9	Wears, Colton	11	Solon		
10	Samson, Dan	12	CMB, Baxter		
11	Disney, Joe	12	West Marshall, State Center		
12	Alvis, Dominic	12	Logan-Magnolia		

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 155 Boys 4x110 Meter Shuttle Hurdle 2A

Thursday 5/21/2009 - 2:40 PM

Prelim: Sections against time, top 8 to final

33" hurdle set on blue triangle, alt direction, #6 pull

1/3 runner south lane 1/3/5/7, 2/4 runner North lane 2/4/6/8

Final: Sections against time

State Record: 57.09

All-Time: 57.09

Lane	Team	Relay	Seed Time
Heat 1 of 6 Prelims			
1	St. Edmond, Fort Dodge		
	1) Fosbender, Jeff 10	2) Steinkamp, Doug 11	3) Yetmar, Zach 12
	5) Becker, Luke 11	6) Kolacia, Nate 09	4) Derrig, Brandon 12
3	Beckman, Dyersville		
	1) Mensen, Austin 12	2) Gansemer, Ben 12	3) Thole, Daniel 12
	5) Marugg, Jared 12	6) Jacque, Lucas 09	4) Derr, Tim 12
5	IKM-Manning		
	1) Croghan, Jerad 11	2) Blake, Rick 11	3) Eberly, Ryan 12
	5) Tank, Robert 09		4) Muhlbauer, Tyler 11
7	Mediapolis		
	1) Mathiasmeier, John 11	2) Thomson, Bobby 11	3) Siegworth, Tanner 10
	5) Janssen, Wil 09	6) Thomson, Jonathon 12	4) Hutcheson, Jordan 11
Heat 2 of 6 Prelims			
1	Unity Christian, Orange City		
	1) Gradert, Kameron 12	2) Hoekstra, Taylor 12	3) De Groot, Ben 12
	5) Kroeze, Tyler 10	6) Hoekstra, Riley 10	4) De Jong, Luke 12
3	Hudson		
	1) Finn, Matt 11	2) Wright, Tanner 10	3) Henke, Cale 09
	5) Medina, Marco 12	6) Dorsey, Lance 12	4) Puls, Channing 12
5	Eddyville-Blakesburg		
	1) Strausser, Preston 12	2) McGinnis, Jake 10	3) Taylor, Sam 10
	5) Alexander, Logan 11	6) Beals, Kasey 10	4) Batterson, Jacob 11
7	Logan-Magnolia		
	1) Schwery, Adam 12	2) Rosengren, Tyler 11	3) Dickinson, Blake 11
	5) Decker, J.J. 10	6) Mann, Quin 09	4) Alvis, Dominic 12
Heat 3 of 6 Prelims			
1	BCLUW, Conrad		
	1) Krause, Austin 12	2) Erbes, Luke 10	3) Haywood, Cory 12
	5) Morgan, TY 12	6) Hammers, Dustin 11	4) Vawter, Ben 12
3	North Fayette, West Union		
	1) Nesvik, Tom 11	2) Johannsen, Brad 12	3) Nuss, Reid 10
	5) Michael, Logan 12	6) Feldman, Brady 10	4) Winter, Joe 12
5	PCM, Monroe		
	1) Norwood, Tyler 11	2) Reese, Cole 11	3) Hazelton, Rand 11
	5) McAtee, Jesse 09	6) Amadeo, Alex 09	4) Gilson, Joey 11
7	Central Lee, Donnellson		
	1) Krehbiel, Andrew 12	2) Shannon, Jake 10	3) Foreman, Tyler 10
	5) Hardy, Brenden 12	6) Fett, Justin 10	4) Kramer, Lance 12

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa
Drake Stadium
Meet Program****Heat 4 of 6 Prelims...(Event 155 Boys 4x110 Meter Shuttle Hurdle 2A)**

- | | | | | |
|---|-----------------------------|----------------------|-----------------------|--------------------------|
| 1 | Clarion-Goldfield | | | |
| | 1) Ahrens, Scott 12 | 2) Sann, Wyatt 09 | 3) Ahrendsen, Karl 11 | 4) Anderson, Ethan 12 |
| | 5) Disney, Kole 11 | 6) O'Connor, Cory 10 | | |
| 3 | Belle Plaine | | | |
| | 1) DeMeuleneare, Keegan 09 | 2) Morrow, Brayden | 3) Steward, Seivon 11 | 4) DeMeulenaere, Tate 09 |
| | 5) Kelly, Myles | 6) Crow, Brian 09 | | |
| 5 | Solon | | | |
| | 1) Morris, James 10 | 2) Ward, Zach 09 | 3) Sleeper, Wes 10 | 4) Vance, Sammy 11 |
| | 5) Constant, Andy 11 | 6) Constant, Evan 09 | | |
| 7 | Sioux Central, Sioux Rapids | | | |
| | 1) Lindquist, Ethan 09 | 2) Peterson, Joel 10 | 3) Perrigo, Tanner 09 | 4) Wittmaack, Nick 09 |
| | 5) Hyde, Jace 10 | | | |

Heat 5 of 6 Prelims

- | | | | | |
|---|--------------------------|------------------------|--------------------|------------------------|
| 1 | Roland-Story, Story City | | | |
| | 1) Henning, Andrew 11 | 2) Swanson, Matt 10 | 3) Hammes, Zeb 11 | 4) Sampson, Bryce 12 |
| | 5) Hurd, Dillon 11 | 6) Crouch, Sam 10 | | |
| 3 | Bellevue | | | |
| | 1) Blake, Casey 11 | 2) Ries, Jordan 12 | 3) Ernst, Tyler 11 | 4) Cummings, Josh 12 |
| | 5) Iosbaker, Alex 09 | 6) Sieverding, Alex 09 | | |
| 5 | Center Point-Urbana | | | |
| | 1) Ramsey, Dylan 11 | 2) Reynolds, Colton 10 | 3) Handford-Brown, | 4) Gatrost, Garrett 10 |
| | 5) Ramsey, Ty 09 | 6) Elgin, Sam 12 | | |
| 7 | Dike-New Hartford | | | |
| | 1) Davis, Aaron 10 | 2) Myers, Jordan 12 | 3) Crew, Tyler 10 | 4) Weidmann, Mike 10 |
| | 5) Anderson, Kyle 11 | 6) Pool, Royce 09 | | |

Heat 6 of 6 Prelims

- | | | | | |
|---|-------------------------|---------------------------|------------------------|----------------------|
| 1 | Western Christian, Hull | | | |
| | 1) Groeneweg, Bryce 11 | 2) Van Ginkel, Sam 09 | 3) Ysselstein, Joel 12 | 4) Swenson, Kevin 12 |
| | 5) Ver Burg, Lee 10 | 6) Swenson, Kenny | | |
| 3 | Panorama, Panora | | | |
| | 1) Marks, Jordan 12 | 2) Henry, Andy 11 | 3) Mills, Scott 12 | 4) Grolmus, Ryan 09 |
| | 5) Moulds, Zach 11 | 6) Stepanek, Cody 09 | | |
| 5 | Interstate 35, Truro | | | |
| | 1) McKinney, Nathan 11 | 2) Petersen, Jake 11 | 3) Shannon, Devin 11 | 4) Kent, Shaun 11 |
| | 5) Simmerman, Luke 09 | | | |
| 7 | Jefferson-Scranton | | | |
| | 1) Pedersen, Reed 12 | 2) Heisterkamp, Philip 12 | 3) Steussy, Nathan 09 | 4) Johnson, Caleb 10 |
| | 5) Fagg, Thomas 10 | 6) Miller, Andrew 09 | | |